

Indian Lake Yacht Club

Sailing Camp Information

Sailing Camp is hosted by the Indian Lake Yacht Club. Camp is open to youth who are interested in learning the basics of small boat sailing and can be introduced to the sport of sailboat racing. Each day's program will begin at 9:00 AM and end at 3:00 PM, with the exception of the first day, which begins at 8:45 for registration. Each student will receive a camp T-shirt and certificate of attendance.

Swim Test

Each student will be required to pass a swim test as a prerequisite to sailing instruction. The swim test consists of floating or treading water for 1 minute without a lifejacket or PFD (personal flotation device). Swim any stroke for 25 yds without a PFD & swim any stroke for 25 yds while wearing a PFD.

Basic Small Boat Sailing

Students will be instructed in sailing basics, knots, water safety and weather. These skills will be practiced and reinforced on the water sailing in Sunfish and 420 sailboats. Students will sail with a partner and are coached and supported by adult instructors.

Conduct

Students are expected to follow the safety and personal conduct rules for camp. Sailing is an active, high adventure sport and requires that students listen to instruction and follow the direction of the instructors while onshore and on the water.

If a student is disrespectful or disruptive and affects the instruction of other students or becomes a safety concern for the student or others, the problem will be explained to the student and their parent. A plan for corrective action will be made. The parent may be required to attend the remainder of the camp or the youth may be asked to leave without refund of the camp tuition.

What To Bring

- Students must bring a US Coast Guard approved lifejacket (PFD) and it must be the proper size for the student (snug fit).
- Bring clothes to wear in the water, including a t-shirt, shorts or swimming suit, shoes and a windbreaker. Plan on getting wet every day. Most students bring a towel and dry clothes and shoes to change into.
- Everyone must bring a hat, water bottle, sunscreen and UV protective sunglasses are recommended.
- Everyone is required to wear closed toe shoes on all boats. Deck shoes, tennis shoes, fitted waterproof sandals (Teva) or dinghy boots are recommended. Sandals with only toe straps are not appropriate.
- Everyone should bring a packed lunch and drink each day. Refrigeration and microwave are available at the club
- Please do not bring valuables to camp. ILYC is not responsible for loss or theft of items.
- If you own a Sunfish the student may use it for camp. Please contact for arrangements.